



Birchalls Tea Breakfast | Decaf | Earl Grey | Red Berry | Lemon Grass & Ginger Peppermint | Chamomile | Green

> **Coffee** Locally Blended Filter

Toast White Bloomer | Malt Brown Bloomer | Mixed

Juices / Smoothies Orange | Apple | Smoothie of the Day

Order to your table to start

Smoothie Bowl Greek Yoghurt, Pumpkin and Sunflower Seeds, Seasonal Fruit, Flaked Almonds, Cacao Nibs

Mango and Coconut Chia Pudding

Freshly Baked Croissant

Freshly Baked Pain Au Chocolat

Cumbrian Charcuterie

Beacon Fell Traditional Lancashire Cheese

Sliced Melon Plate Honeydew,Watermelon, Cantaloupe

Porridge with Honey

Poached Egg, English Muffin, Hollandaise Sauce

Royale (Port of Lancaster Smoked Salmon) Benedict (Cumbrian Ham) Florentine (Baby Spinach) Smashed Avocado

Port Of Lancaster Smoked Salmon Chive Scrambled Eggs

Omelette Arnold Bennet Smoked Haddock, Gruyère, Hollandaise

Aynsome Full English Lakes Speciality Bacon, Cumbrian Sausage, Roast Herbed Tomato, Potato Rosti, Portobello Mushroom, Bury Black Pudding, Fried Rich Yolk Egg

Aynsome Vegetarian Breakfast Potato Rosti, Roast Herbed Tomato, Portobello Mushroom, Grilled Halloumi, Fried Rich Yolk Egg

French Toast Blueberry Compote, Crème Fraiche or Streaky Bacon, Maple Syrup

> **Porridge** Seasonal Berries, Nuts, Honey